



**Carol E. Murray**  
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Carol has more than 20 years of experience coaching executives through personal and professional transitions and facilitating them through periods of profound corporate change. She is particularly adept at assisting senior executives in building trust within complex organizational environments, thereby increasing productivity and adaptability while reducing turnover or loss of key contributors.

A graduate of *Duke University* (BA Economics), Carol began her career as chief in-house economist for a \$3 billion private bank in Washington, DC. She subsequently joined a Washington based executive career services and outplacement firm, moving from a staff position to Partner, ultimately managing the firm's most profitable regional office in San Francisco.

In the mid-90's Carol founded *The Lifework Institute* and directed her focus to assisting top executives in developing greater self-awareness, thereby enhancing their ability to lead themselves and others more effectively. She has directed, coached or provided oversight for over 2,000 professional development assignments for executives currently functioning in corporate leadership positions throughout the U.S., Europe and the Pacific Rim.

Currently, Carol devotes the lion's share of her professional time to executive coaching, executive team effectiveness, CEO/Board alignment, and the design and delivery of leadership development programs.